

Rediscover the pURity within  
with our...

## spa delights

Skin care products for all your needs

### ✿ RENEW Signature Products

Carefully blended with rose geranium, grapefruit and orange sweet essential oils and floral waters, these products will balance and freshen your skin invigorate your senses and uplift your spirits.

✿ RENEW Milk Cleanser 120ml - \$10

✿ RENEW Toner 120ml - \$15

✿ RENEW Face Crème 30ml - \$20

✿ RENEW Shower Gel 120ml - \$5

### ✿ RESTORE Hand Crème

This calendula-based cream is designed to soothe, nourish and moisturize your dry hands. The special combination of therapeutic ingredients: lavender, myrrh and benzoin essential oils, chamomile floral water and aloe were chosen with gardeners in mind.

This product may also be effective in treating eczema and many other skin issues. A little goes a long way.

30ml - \$20

### ✿ REVIVE Foot Crème

Luscious orange peppermint-based foot cream stimulates, soothes and softens those tired feet. Treat those sluggish feet today!

30ml - \$20

Please note:

\*To extend life of Creams please refrigerate.

## SOAP AROMATHERAPY

Natural hand made soap with therapeutic ingredients... Soap Therapy for all your body parts.

✿ CASTILLE body bar 114g - \$5  
100% olive oil soap

✿ PEACE body bar 114g - \$5  
100% olive oil soap with orange and cedar essential oils with cinnamon

✿ STRENGTH body bar 114g - \$5  
100% olive oil soap with Laurel essential oil and chlorophyll

✿ RENEW body bar 114g - \$6  
Olive oil, coconut oil and palm oil based soap with grapefruit, orange & geranium essential oils

✿ REFRESH body bar 114g - \$6  
Olive oil, coconut oil and palm oil based soap with lavender, rosemary, bergamot & lemon essential oils

✿ CHOCOLATEMINT body bar  
Olive oil, coconut oil and palm oil based soap with peppermint essential oils and a dark chocolate swirl

114g - \$6

## Room Sprays

A natural way to freshen any room

### ✿ INSPIRE

Let the refreshing action of Peppermint, Rosemary, Lemon and Ginger give you that much needed lift in the middle of the day.

120ml - \$5

### ✿ FRESH

Let the clean smell of bergamot, grapefruit and lemon freshen up a room. Great for kitchens!

120ml - \$5

### ✿ REMEDY

Let the antiseptic properties of eucalyptus, lavender, rosemary and tea tree help you beat that annoying cold and flu bug. May assist asthma too!

120ml - \$5

### ✿ HOLIDAY

Allow the exotic aromas of orange sweet, cinnamon, clove and frankincense evoke a sense of Christmas tradition.

120ml - \$5

Our line of all natural aromatherapy products is always evolving. Please stay tuned.

## Our Holistic Services

### Lymphatic Drainage Massage

Lymphatic Drainage Massage combined with therapeutic grade essential oils assists one to relax, balance, restore, enhance, and rejuvenate the body, mind and spirit.

Awaken your senses. Treat yourself or a friend!

### Reiki

This energy-based therapy uses 'light-touch' to promote peace, harmony and balance in the body. Reiki asks you to consider something that is not physically tangible. However, the benefits are often quite noticeable.

Most people feel extremely calm and relaxed after a session. Less intrusive than massage, it is suitable for all.

Experience Reiki for yourself!

### Onsite Seated Massage

A Chair Massage is by far the most convenient massage therapy out there. A session runs from 10 to 15 minutes and is done while fully clothed. Chair Massage promotes better circulation and muscle stimulation in key areas of the body. This form of massage reduces tension in the back, neck, shoulders and arms; thus providing deep relaxation. A swift Chair Massage will revitalize you and encourage overall well being.

PURE relaxation provides Onsite Chair Massage services to events of all sizes: Conferences, Golf Tournaments, Health Fairs, Trade Shows, Spa Parties, Fundraisers, Special Events and more...

Please contact us so we can help make your next Event a memorable one!

For more information,  
on our natural product line or  
our list of services please contact:

Pierre Langlois C.A.H.P.

PURE

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### Clinic hours:

Mondays - 7 to 10PM

Tuesdays - 7 to 10PM

Wednesdays - 7 to 10PM

Thursdays - 7 to 10PM

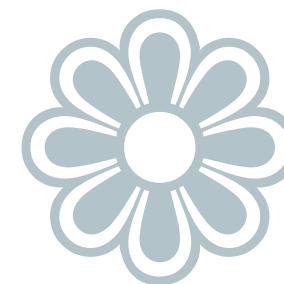
Saturdays - 10AM to 4PM

Sundays - 12 to 4PM

[www.purerelaxation.ca](http://www.purerelaxation.ca)

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**PURE**  
aromatherapy



PRODUCT LIST